
















OXNARD CLUB HOUSE SCHEDULE

OPEN MON - FRI 9:00AM - 2:00PM



426 W. 5th St
Oxnard CA,
Phone 805 - 247 - 0750

Monday	Tuesday	Wednesday	Thursday	Friday
<p>LUNCH IS SERVED APPROXIMATELY AT 11:00 EVERY DAY</p> <p>Store every Tuesday and Thursday @ 1:30</p>		<p>01</p> <p>09:30 Community Meeting</p> <p>10:00 Co-Occurring Awareness</p> <p>10:00 Healthy Habits</p> <p>10:00 Lunch Prep Group</p> <p>11:30 Walking Group</p> <p>12:30 Seeking Safety</p> <p>FOOD SHARE</p> 	<p>02</p> <p>10:00 Self Esteem</p> <p>10:00 Lunch Prep Group</p> <p>11:30 Walking Group</p> <p>12:30 Relaxation Group</p> <p>1:30 Store</p> <p>FOOD SHARE</p> 	<p>03</p> 
<p>06</p> <p>09:15 Club Council</p> <p>09:30 Community Meeting</p> <p>10:00 Overcoming Depression</p> <p>10:00 Lunch Prep</p> <p>11:30 Walking Group</p> <p>12:30 Art Group</p> <p>FOOD SHARE</p> 	<p>07</p> <p>10:00 Anger Management</p> <p>10:00 Lunch Prep</p> <p>11:30 Walking Group</p> <p>12:30 Symptom Management</p> <p>1:30 Store</p> <p>OUTING: Bowling</p>	<p>08</p> <p>09:30 Community Meeting</p> <p>10:00 Co-Occurring Awareness</p> <p>10:00 Healthy Habits</p> <p>10:00 Lunch Prep Group</p> <p>11:30 Walking Group</p> <p>12:30 Seeking Safety</p> <p>FOOD SHARE</p> 	<p>09</p> <p>10:00 Self Esteem</p> <p>10:00 Lunch Prep Group</p> <p>11:30 Walking Group</p> <p>12:30 Relaxation Group</p> <p>1:30 Store</p> <p>FOOD SHARE</p> 	<p>10</p> <p>10:00 Communication Group</p> <p>12:00 Lunch Prep Group</p> <p>12:30 Walking Group</p> <p>1:00 Social Skills</p>
<p>13</p> <p>09:15 Club Council</p> <p>09:30 Community Meeting</p> <p>10:00 Overcoming Depression</p> <p>10:00 Lunch Prep</p> <p>11:30 Walking Group</p> <p>12:30 Art Group</p> <p>FOOD SHARE</p> 	<p>14</p> <p>10:00 Anger Management</p> <p>10:00 Lunch Prep</p> <p>12:30 Symptom Management</p> <p>1:30 Store</p> <p>OUTING: Botanical Gardens</p>	<p>15</p> <p>09:30 Community Meeting</p> <p>10:00 Co-Occurring Awareness</p> <p>10:00 Healthy Habits</p> <p>10:00 Lunch Prep Group</p> <p>11:30 Walking Group</p> <p>12:30 Seeking Safety</p> <p>FOOD SHARE</p> 	<p>16</p> <p>10:00 Self Esteem</p> <p>10:00 Lunch Prep Group</p> <p>11:30 Walking Group</p> <p>12:30 Relaxation Group</p> <p>1:30 Store</p> <p>FOOD SHARE</p> 	<p>17</p> <p>10:00 Communication Group</p> <p>12:00 Lunch Prep Group</p> <p>12:30 Walking Group</p> <p>1:00 Social Skills</p>
<p>20</p> <p>09:15 Club Council</p> <p>09:30 Community Meeting</p> <p>10:00 Overcoming Depression</p> <p>10:00 Lunch Prep</p> <p>11:30 Walking Group</p> <p>12:30 Art Group</p> <p>FOOD SHARE</p> 	<p>21</p> <p>10:00 Anger Management</p> <p>10:00 Lunch Prep</p> <p>12:30 Symptom Management</p> <p>1:30 Store</p> <p>OUTING: Movies</p>	<p>22</p> <p>09:30 Community Meeting</p> <p>10:00 Co-Occurring Awareness</p> <p>10:00 Healthy Habits</p> <p>10:00 Lunch Prep Group</p> <p>11:30 Walking Group</p> <p>12:30 Seeking Safety</p> <p>FOOD SHARE</p> 	<p>23</p> <p>10:00 Self Esteem</p> <p>10:00 Lunch Prep Group</p> <p>11:30 Walking Group</p> <p>12:30 Relaxation Group</p> <p>1:30 Store</p> <p>FOOD SHARE</p> 	<p>24</p> <p>10:00 Communication Group</p> <p>12:00 Lunch Prep Group</p> <p>12:30 Walking Group</p> <p>1:00 Social Skills</p>
<p>27</p> <p>09:15 Club Council</p> <p>09:30 Community Meeting</p> <p>10:00 Overcoming Depression</p> <p>10:00 Lunch Prep</p> <p>11:30 Walking Group</p> <p>12:30 Art Group</p> <p>FOOD SHARE</p> 	<p>28</p> <p>10:00 Anger Management</p> <p>10:00 Lunch Prep</p> <p>12:30 Symptom Management</p> <p>1:30 Store</p> <p>OUTING: SB ZOO Bowl</p>	<p>29</p> <p>09:30 Community Meeting</p> <p>10:00 Co-Occurring Awareness</p> <p>10:00 Healthy Habits</p> <p>10:00 Lunch Prep Group</p> <p>11:30 Walking Group</p> <p>12:30 Seeking Safety</p> <p>FOOD SHARE</p> 	<p>30</p> <p>10:00 Self Esteem</p> <p>10:00 Lunch Prep Group</p> <p>11:30 Walking Group</p> <p>12:30 Relaxation Group</p> <p>1:30 Store</p> <p>FOOD SHARE</p> 	<p>COLOR KEY</p> <p>Jesse Taylor</p> <p>Mariel Stephanie</p> <p>Alex Maya</p>

